

BIG RAINBOWS NEWS

We are excited to announce the fall session of our Rainbows grief group for children. Rainbows is a peer support group for children in Kindergarten through 8th grade who have experienced a loss due to divorce, separation, serious illness, or a death in the family. The group is also helpful for any child experiencing other painful transitions.

We would like to invite any families who would like to have their children in Rainbows to sign them up for the spring session. They can join the groups for the second part of the program.

Here is the information for the fall session:

DATES: THURSDAYS STARTING OCTOBER 13TH FINISHING NOVEMBER 17TH

PLACE: ST THOMAS SCHOOL IN THE ART ROOM

TIME: 2:15 TO 3:30

PICK UP AT THE LAKE STREET DOOR AT 3:30

Thank you for all that you do for your Children.

God Bless

Barb Ritchie M.A., L.P.C.

School counselor

RAINBOWS REGISTRATION:

Date: _____

Name of child/youth: _____

Age: _____

Grade: _____

Address: _____

Phone: _____

Name of parent: _____

Reason for considering RAINBOWS:
(Please indicate divorce or death and
how recent)

RAINBOWS is ...
a peer support program for children in kindergarten through 8th grade who have experienced a loss due to death, divorce, separation, or other painful transition.

RAINBOWS participants meet in small, age-level support groups with others in similar circumstances. A trained, caring adult guides them in understanding their feelings and learning to cope in healthy ways. They learn to talk about feelings, sort through confusion and anger, and begin the process of healing. Children are bound by confidentiality, which fosters trust and provides a safe atmosphere.



**RAINBOWS ...from Hurt,
through Healing, to Hope**

RAINBOWS provides a bridge
to emotional healing for
children, adolescents and adults
confronting death, divorce, or
other
painful family transition ...

**because it doesn't need to
hurt forever.**

