



St. Thomas the Apostle School
Mrs. Deanne Roy, Principal



Thoughtful Moments

Mass Changes

As of November 27th, you will have noticed that some of the prayers and responses we say at Mass are different than those to which we have been accustomed. Many of the changes use more poetic and reverential language. This is an opportunity to look at the familiar Mass with new eyes and a new appreciation.



A lived faith

Enrolling children in Catholic school or sending them to parish religious education is an important first step toward raising them in the Catholic faith. But it is only the beginning. The most important part is showing children how to live their faith each and every day. That kind of education can only come from a Catholic parent.

God came

The miracle of Christmas is that the God of love came to us. Isn't that amazing? Even more incredible, he hasn't left. Look for ways you and your family can find Jesus in the world this Christmas.



Put Christ's love back into your family's Christmas

Shop the malls in October and you may see Christmas decorations. Even grocery stores play carols before Thanksgiving. Don't let the barrage of holiday selling rob you and your family of a truly joyful season. Try these suggestions for reducing stress, boosting joy, and putting Christ's love back into Christmas.

Avoid Christmas commercials. Nothing kills the spirit of Christmas like children pleading for over-priced, poorly made toys they just saw in the parade of holiday commercials. Instead, record the good Christmas shows and fast-forward through the commercials. Or, turn off commercial television and rent Christmas movies or check them



out of the library.

Separate your Christmas celebrations. Reserve December 25th for Christ's birth. Attend Mass, read the story of the Nativity, spend the day together throwing Jesus a happy birthday celebration. Let the 26th be the day for the secular celebration.

Make it last. Celebrate each day of the whole Catholic Christmas Season.

Gather family close for a special meal on the Feast of the Holy Family (Dec. 30). Pray for world peace on the Solemnity of Mary (Jan. 1). Save some Christmas gifts to give on the Epiphany (Jan. 8) to honor the Magi's gifts. Renew your Baptismal promises on the Feast of the Baptism of the Lord (Jan. 9), the last official day of the Christmas Season.

Why Do Catholics Do That?

Why did the Magi give gifts to Jesus?

The Magi knew that they were traveling to greet a new king and brought gifts that were appropriate at the time for a king. Over the years, the Church has reinterpreted the gifts in terms of Jesus' life.

They gave him gold to



recognize his royalty. The expensive gift of Frankincense, often burned to carry prayers to Heaven, was a symbol of Jesus' priesthood. His last gift, Myrrh, was used in burial preparations, a sign that Jesus would suffer and die for us.